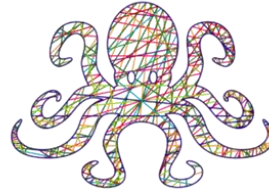


# OCTOPUS 3

# AGENDA



Good for providers  
Great for residents  
Excellent for the ecosystem

**Date:** 20.09.2023  
**Time** 14:00 - 16:30

Grand Junction  
Rowington Close  
London  
W2 5TF

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01. Opening remarks - **Dr Saul Kaufman** (5 min)

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  02. Introductions – (10 min)

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  03. The Octopus in the Room - **Jon Lock** + **Sasha Witter** (5 min)

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  04. Frailty – **CLCH** (10 min)

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  05. Weight a Minute – **Kate May** (5 min)

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  06. I Like to Move it, Move it – **Max Goodchild** (5 min)

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  07. Intermission – (10 mins)

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  08. A Day in the Life of a CHWW – **Nahima Begum** (3 min)

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  09. The Gift that is ‘Just Listening’ – **Amanda Bueno** (5 min)

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  10. Family Navigator – **Carolyn Ross** (3 min)

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  11. Community Champion – **Josephina Becci** (3 min)

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  12. Songtopus – **Aimee Pickering** + **Social Prescribers** (5 min)

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  13. Closing Remarks – (<1 min)

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  14. Speed dating with stickers

- **Blue** (ICS / Research / Academia)
  - **Red** (Local Authority)
  - **Yellow** (VCS)
  - **Green** (Health)
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